



Newsflash

December 2020

PCSO praises ESRA



PCSO Walker with ESRA clients, volunteers and staff.

PCSO Walker recently presented East Sussex Recovery Alliance with a cheque for £5000 from the Police Property Act Fund. (PPAF). This will be used to support the ESRA hubs in Eastbourne and Hastings who do an amazing job supporting vulnerable people within the community by offering peer led support groups and activities.

The money will also contribute to the added expenses during the COVID pandemic, going towards PPE equipment for the building and staff, sanitisers, blue rolls and virus sprays.

Commenting on ESRA, PCSO Walker said: 'they have continued services during lockdown to the best of their ability and the people I spoke to today were extremely grateful to Sussex Police for the donation'. Staff also praised Sussex Police for their ongoing and continued support when called upon to protect the vulnerable in our community'.

Remote support only

Hastings and Eastbourne have moved to a remote service only. Zoom support groups are continuing, and staff are providing phone support. There will be no face to face appointments at all.

The current plan is for both hubs to re-open on Monday January 4th at 10.00am. This will be with all our normal booked service, and no drop-ins.

This will of course depend on government advice going forward. So please keep an eye on Government Advice over the Christmas Period and stay safe and well.

Now taking referrals

We are pleased to announce that ESRA's Hastings hub will start taking all referrals again from the 4th of January 2021.

Referrers must use the referral form on our website (<https://www.esrauk.org/referrals>) and we will pick them up when we return in the new year.

A senior support worker will get in touch to ask for any relevant background information. The referral will be assessed and a decision will be made within a week.

A support worker will confirm that we have taken a client on, or the reasons that the client is unsuitable for ESRA at this time. If the referral is for Care Around Treatment, please be sure to tick the relevant box.

Clients will be assessed on an individual basis but a general guide for non-CAT referrals is that we can work with any client who is ready to begin taking responsibility for their own recovery and can participate in mutual aid groups and peer support.

Merry Christmas!

We would like to wish our volunteers, clients and partners a very merry Christmas. 2020 has been challenging in ways that we could not even have imagined last year, and we would especially like to thank our fantastic volunteers for their commitment and service throughout.

ESRA Updates

Lloyds Foundation

We are happy to confirm that the Lloyds Foundation Fund has provided funding which will support facilities and activities at the Hastings Hub for the next 2 years.

Café North

The kitchen at Café North has re-opened after a much-needed refurb. It has been good to welcome people back to the café.

Care Around Treatment (CAT)

Our CAT support services have been going well with Dave and Aly actively receiving referrals and prepping clients for treatment.

Thank you Aldi and Tesco

Aldi continues to provide us with weekly donations, and Tesco has given us tables for our art room that used to be in the community room. We are grateful to both Aldi and Tesco for their support.

Veteran support

Veterans continue to receive brilliant support from ESVH at regular support meetings. These are held at ESRA and includes a delicious breakfast cooked by our fantastic volunteers Bill, Stacy and Jason.

Online support groups

Our online groups have continued throughout the pandemic. They are being well attended by a group of regulars.