



Newsflash

October 2020

Café North gets ready!



Debbie and Jason in the new kitchen at Café North

It has all been busy behind the scenes at Café North. Hub Manager Karlie and the team have been working hard to ensure that when the café re-opens, it will be safe and comfortable. In the meantime, a new kitchen has been fitted, and additional staff have been recruited.

Debbie is the new café supervisor, Jason is now the cross-county support worker and Colin will soon be joining them as a support worker. Both Jason and Colin are already well-known to our clients as a result of their excellent service as ESRA volunteers.

Care Around Treatment (CAT)

Dave has moved into a new senior support worker role. His new remit will include Care Around Treatment (CAT) and he will continue to work closely with STAR. Dave will help prepare people for detox or rehab, and he will be there to point them in the right direction and to mentor them once they have completed treatment.

The increased staff capacity, and the CAT work, are important additions to our professional service offering, especially as we experience unprecedented referral rates.

Digital Inclusion

We are proud of our digital inclusion project that has been funded by Hastings Direct.

ESRA Connector Mark (right in the pic below) sets up tablets for to clients who want to join online support groups. Here Mark is showing John how to use Zoom.



New ESRA Trustees

We are pleased to confirm that two new trustees have joined the ESRA management team.

Nicola Tapsell

Nicola is from Hasting. For the last 20 years she has been a Key Account Manager for a Document Management Solutions company, overseeing the delivery of facilities services to a number of clients across the UK and Europe, and the day to day management of her teams.

Sarah Milton-Hunt

Sarah lives in Haywards Heath and is the MD of Milton Hunt Limited, which provide Strategy and Technology Consulting services to global organisations.

She is a board advisor for a technology start-up company providing military secured data over sound technology to all sectors but currently focused on the health, wellbeing, retail and entertainment industries to support COVID-19 management efforts.

Previously Sarah was the CIO for P&O Ferries and held consultancy or senior leadership roles for HP and BAA.

ESRA Updates

New Support Groups

New recruit Emma has started face to face support groups for carers at both hubs.

Together with Jason, Emma is also running our first ever evening support group via Zoom.

Thanks to CGL's Big Ideas Fund, we have been able to once again offer yoga classes in Hastings.

Please wear a mask!

Anyone visiting the Hastings Hub will be expected to wear a mask when moving around building.

Masks don't have to be worn when seated in the café or in a support group.

Big Ideas Fund now closed

We now have more applications that we have funds available for CGL's Big Ideas Fund.

The next round of funding, to the tune of £30 000, will become available in April 2021.

Hastings going strong

The Hastings Hub has been open for a month.

We have been happy to see our regular clients, and to welcome many new people who are now benefitting from our recovery support services.

Hastings is open from 10am till 2pm on Monday, Wednesdays and Fridays. Support groups are run on Mondays and Fridays.